

For Immediate Release

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BY THE INTERNATIONAL TEACHER IMRE VALLYON: The Spiritual Path Series is Now in Book Form as *The Journey Within*

“Imre Vallyon has provided for present and future generations a modern, sure path of spiritual enlightenment. His teachings bridge the ancient esoteric traditions of both Eastern and Western mysteries, cloaking the essential teachings in a modern form.” — DAVID HULSE

San Francisco, CA (October 1, 2015) — A new book from the internationally-known teacher and bestselling author, Imre Vallyon, *The Journey Within* is a compilation of his popular ebook Spiritual Path series. For the author’s vast audience of readers, and a new audience of spiritual seekers, the book is a comprehensive introduction to the Universal Spiritual Teaching and Right Knowledge for which Vallyon is known throughout the world.

Among the chapters of *The Journey Within*:

- Living The Spiritual Life Today
- Why Meditate? The True Purpose of Meditation
- Silence
- Beatitudes: What Jesus Really Meant
- Karma: How To Break Free Of Its Chains
- God the Mother: The Feminine Aspect of Divinity
- Love and Wisdom: The Meaning of Life
- Finding True Happiness: The Secret Of Eternal Life
- Shadowland: Evil, Compassion and the Power of Thought
- The Mystery Of Death: A Road Map For Your Journey Between Lives

Imre Vallyon spans the full spectrum of human experience, reaching through time to illuminate the great Spiritual Teachings and sacred languages of planetary history, while pointing the way to the future. His writing is universal, and unbiased towards any religion or tradition. He said:

“When you have the Right Knowledge, no matter what technique, process, meditation or practice you use, you remain open for Spirit to act inside you. Right Knowledge leads to true liberation, which is a state of infinite consciousness that transcends individual experience, whether you are in or out of the body, in this

world, the next world or in any realm of existence. Right Knowledge is therefore the Saving Knowledge that leads to eternal consciousness—and precisely what you need for the journey within.”

About the Author: **Imre Vallyon** teaches wisdom science through his writings, workshops and retreats. He is the founder of the Foundation for Higher Learning based Europe, North America and Australasia, an international Spiritual School offering the opportunity to practice spiritual awakening in a group environment, with the goal of self-realization and planetary transformation. Born in Budapest, Hungary, the author immigrated to New Zealand as a child and has for decades traveled throughout the world as a teacher and lecturer.

Imre Vallyon is the author of:

- The 4-volume series, *Heavens and Hells of the Mind*, winner of the Ashton Wylie Charitable Trust Book Award for “books that encompass a wide range of beliefs, demonstrate higher consciousness, expanded awareness and enlightenment as primary objectives.” The book also won a gold medal in the 2009 Living Now Awards.
- *New Planetary Reality: The Coming Avatara and The Nine Paths To Enlightenment*
- *Planetary Transformation: A Personal Guide To Embracing Planetary Change*
- *The Warrior Code: 365 Aphorisms of the Spiritual Warrior*

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