

# REVIEW OF *THE NEW PLANETARY REALITY*

*by Imre Vallyon*

This timely and profound book begins by highlighting for the reader why this present time in our planet's history is so special and why it holds so much potential for a wonderful new reality to unfold in the coming years.

The chapter on the Coming Avatara sets the scene. Unlike past Avatars who came as individuals to help change the vibration of the planet, the Coming Avatara is a cosmic event, an all-embracing energy field of love and power that will give us all the opportunity to awaken to the fact that we are spiritual beings walking on this planet.

How do we prepare ourselves for such an event? Here the author does not leave us searching for answers.

The real power of this book unfolds in the nine gates or paths to a higher level of spiritual awareness (enlightenment) so that we may be able to work consciously with this coming energy. Each chapter introduces a unique way or gate to this state of being depending on what resonates best with each reader, whether it be the Way of the Spiritual Warrior, the Way of Sound (mantra), the Way of Love and Devotion or the Way of Visualization. Each gate is complete with meditations and practical techniques. "The Way of Cosmic Love" finishes with a beautiful Sanskrit heart mantra for meditation. The correct intonation of these mantras is even given on an audio file on the author's website.

The book finishes with a chapter on bondage and liberation which really helped me to understand why we need to strive towards this extraordinary goal. I found this book truly inspiring and easy to read. As the author says, these gates or ways to Enlightenment are timeless and following any one of them will help prepare us for our own Liberation and the planet's transition to a new reality.